

Vernonia School District Lunch Menu

February 2020

Monday		Tuesday		Wednesday		Thursday		Friday		THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER
3		4		5		6		7		Every Day Lunch Menu Items:
Nacho Bar		Teriyaki Chicken & WG Rice		Penne Pasta & WG Breadstick		Country Fried Steak, Country Gravy Whipped Potatoes & WG Roll		Cheese or Pepperoni (PK) Pizza Hawaiian Pizza (PK)		••Mixed Green Salad
Popcorn Chicken		Chicken Nuggets		Popcorn Chicken		Chicken Nuggets		Tuna Sandwich		••Fresh and Canned Fruit
Bean & Cheese Burrito		Pizza Pocket (PK) 4-12		BBQ Rib Sub (PK) 4-12 Only		Ham & Cheese Pocket (PK) 4-12 Only		Chicken Burger or Spicy Chicken Burger		••Raw and/or Cooked Veggies
Mexi Rice & Beans		Broccoli		Green Beans		Corn		Chocolate Chip Cookie		••Croutons
10		11		12		13		14		••Cheeseburger
BBQ Pork Sandwich (PK)		Chicken Burrito Bowl		Grilled Cheese Sandwich Grilled Ham & Cheese Sandwich		Meatloaf, Country Gravy Whipped Potatoes & WG Roll		Cheese or Pepperoni (PK) Pizza Hawaiian Pizza (PK)		••K-5 PBJ and Cheese Stick
Mini Corn Dogs		Chicken Nuggets		Popcorn Chicken		Chicken Nuggets		Tuna Sandwich		••Fat Free Chocolate Milk
		Bean & Cheese Burrito		BBQ Rib Sub (PK) 4-12 Only		Ham & Cheese Pocket (PK) 4-12 Only		Chicken Burger or Spicy Chicken Burger		••Low Fat White Milk
K-5 Smileys 6-12 Jo Joe's		Corn		Tomato Soup		Green Beans		Valentine Cookie		Entree Marked with PK stands for Pork
17		18		19		20		21		Pre-Order by 8:30 AM in the kitchen
NO SCHOOL		Orange Chicken & WG Rice K-5 Gen Tso Chicken & WG Rice 6-12		Mac & Cheese & WG Breadstick		Turkey & Gravy, Whipped Potatoes & WG Roll		Cheese or Pepperoni (PK) Pizza Hawaiian Pizza (PK)		Salad to Go M, T, TH, F
		Chicken Nuggets		Popcorn Chicken		Chicken Nuggets		Tuna Sandwich		Special Diet Requests - Pre Arranged
		Broccoli		BBQ Rib Sub (PK) 4-12 Only		Ham & Cheese Pocket (PK) 4-12 Only		Chicken Burger or Spicy Chicken Burger		Breakfast - \$1.65 all students
24		5		26		27		28		\$2.10 Adults
Cheese Pull Aparts		Taco Bar		Chicken Alfredo & WG Breadstick		Oven Chicken, Whipped Potatoes, Gravy & WG Roll		Cheese or Pepperoni (PK) Pizza Hawaiian Pizza (PK)		Lunch - \$2.75 Elementary \$3.05 Middle School
Popcorn Chicken		Chicken Nuggets		Popcorn Chicken		Chicken Nuggets		Tuna Sandwich		\$3.25 High School
Pizza Pockets (PK) 4-12 Only		Bean & Cheese Burrito		BBQ Rib Sub (PK) 4-12 Only		Ham & Cheese Pocket (PK) 4-12 Only		Chicken Burger or Spicy Chicken Burger		\$3.95 Adults
Potato Soup		Mexi Rice & Beans		Peas		Corn		Chocolate Chip Cookie		Blue is offered with all meals
										Breakfast Served: M, T, Th, & F - 7:30
										W- 9:00 am
										• Assorted Cereal & Milk
										• Canned Fruit and Assorted Juice
										• Toast w/ Jelly or Peanut Butter
										Monday - French Toast Sticks & Sausage
										Tuesday - Breakfast Pizza
										Wednesday - Grab & Go
										Thursday - Egg, Ham & Cheese or Sausage
										& Cheese on English Muffin
										Friday - Bagel and Yogurt, Hot Oatmeal
										or Strawberry Parfait